

***PRACTICUM APPLICATION PACKET***

The Counseling and Mental Health Center at the University of Texas at Austin offers three comprehensive advanced practicum experiences. The Counseling track includes training in two central areas of clinical work, namely individual counseling and group interventions. The Integrated Health track focuses on health psychology and interventions with clients referred for services by medical professionals. The Counselors in Academic Residence (CARE) track allows practicum trainees to provide services alongside CMHC therapists who are embedded in various academic colleges on campus.

Before you begin completing the application, please make sure you carefully read through the information and instructions below. Also, please make sure you have read the description of the practicum options carefully and are willing and able to meet the requirements outlined.

**ELIGIBILITY AND SELECTION CRITERIA (REQUIRED)**

Applicants for all practicum tracks at CMHC must meet the following criteria:

1. Enrollment at UT-Austin in the doctoral program in Counseling Psychology, Clinical Psychology, or Counselor Education
2. ***Successful completion of at least 2 semesters of graduate level clinical practicum or equivalent clinical work experience***
3. Have successfully completed (or be in the process of completing) all coursework required by the graduate program to be eligible for practicum training
4. **SPECIFIC FOR INTEGRATED HEALTH TRACK**: Background training or education in health psychology (e.g., completion of or concurrent enrollment in EDP 381 Health Psychology)

**ADDITIONAL PREFERENCES FOR SELECTION (NOT REQUIRED)**

***COUNSELING***TRACK

1. Demonstrate a strong and genuine commitment to the study and application of multicultural counseling principles
2. Are interested and invested in participating in a training program that encompasses a “Use of Self” training model, and possesses the necessary characteristics to be successful in such a program (e.g., self-awareness, openness, willingness to self-disclose)
3. Are interested in training in a multidisciplinary university counseling center
4. Have a desire to receive training in brief model of providing individual counseling
5. Have accumulated clinical experience with various populations and presenting issues
6. Have experience with conducting clinically-focused intake assessments
7. For those candidates interested in the group intervention experience, having completed a course in Group Psychotherapy is considered useful but is not required

***INTEGRATED HEALTH***TRACK

1. Completed a practicum at CMHC
2. Completed more than two semesters of counseling-based practicum training
3. Have a background in mindfulness meditation practice and skills

***CARE*** TRACK

1. Have clinical experience in community mental health settings
2. Have experience working in higher education settings
3. Demonstrate a strong and genuine commitment to the study and application of multicultural counseling principles
4. Are interested and invested in participating in a training program that encompasses a “Use of Self” training model, and possesses the necessary characteristics to be successful in such a program (e.g., self-awareness, openness, willingness to self-disclose)
5. Are interested in training in an academic setting
6. Have a desire to receive training in brief individual counseling skills
7. Have clinical experience with various populations and presenting issues

**APPLICATION PROCESS**

To apply for the Counseling Practicum, the Integrated Health Practicum, or the CARE Practicum at CMHC, please submit the following:

1. A current resume/vita
2. The CMHC Practicum application form
3. Included in the application form, the names of at least two mental health professionals/professors who may be contacted as professional references

If you have any questions about the practicum or application process, please contact the Practicum Training Coordinator, Joey Hannah, Ph.D., who may be contacted by phone at (512) 475-8165 or via email.

**Please return application electronically to:** ***djhannah@austin.utexas.edu***

***Follow current UT Practicum Fair schedule for application due date***

**CMHC PRACTICUM TRAINING APPLICATION FORM**

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| --- | --- | --- |
| **applicant information** |  | **NAME THAT YOU GO BY:**Click here to enter text.**WHAT PRONOUNS DO YOU USE FOR YOURSELF?**Click here to enter text.phone number:Click here to enter text.Is this a mobile number? [ ]  Yes [ ]  NoWould it be okay for me to text you if needed? [ ]  Yes [ ]  Noemail address:Click here to enter text.academic information:Which academic program are you currently enrolled in?[ ]  Counseling Psychology[ ]  Clinical Psychology[ ]  Counselor EducationCurrent year in academic program? [ ]  2nd year[ ]  3rd year[ ]  4th year or morewhich practicum experience(s) are you interested in being considered for at cmhc?[ ]  Counseling Practicum[ ]  Integrated Health Practicum[ ]  CARE Practicum |
| **PREVIOUS GRADUATE LEVEL PRACTICUM EXPERIENCES** |  | **SITE NAME:** Click here to enter text.Location: Click here to enter text.Duration: Click here to enter text.Hours: Click here to enter text.Population: Click here to enter text.Supervisor(s): Click here to enter text.**SITE NAME:** Click here to enter text.Location: Click here to enter text.Duration: Click here to enter text.Hours: Click here to enter text.Population: Click here to enter text.Supervisor(s): Click here to enter text.**SITE NAME:** Click here to enter text.Location: Click here to enter text.Duration: Click here to enter text.Hours: Click here to enter text.Population: Click here to enter text.Supervisor(s): Click here to enter text. |
| **relevant clinical work experiences (if applicable)** |  | Click here to enter text. |
| **questions related to all cmhc practica** |  | 1. **The description of the practicum at CMHC emphasizes our focus on the “Use of Self” model of training. Please briefly share your thoughts and reactions to the “Use of Self” approach and how this fits with your goals for the up-coming training year:**

Click here to enter text.1. **The CMHC has adopted a Statement on Diversity, which outlines the Center’s values in terms of providing services to the students on our campus. The Statement can be found at** [**https://cmhc.utexas.edu/diversity.html**](https://cmhc.utexas.edu/diversity.html) **Please tell us briefly about your thoughts and reactions to this statement, including your thoughts about training in an environment with these values.**

Click here to enter text.1. **What experience/training have you had with regards to working with diverse populations?**

Click here to enter text.1. **What are some of your areas of growth as an individual therapist and what are some goals you have in this area?**

Click here to enter text. |
| **questions related to the counseling practicum** |  | 1. **What particularly interests you about Counseling Practicum at CMHC? What are your goals for the practicum?**

Click here to enter text.1. **Are you interested in co-leading a group at CMHC? If “yes”, please respond to questions 4 and 5 below. If not you can skip these questions.**

Click here to enter text.1. **What experiences and training have you had, to date, related to group theory, group process, and group leadership issues?**

Click here to enter text.1. **What are some of your areas of growth as a group therapist and what are some goals you have in this area?**

Click here to enter text. |
| **questions related to the integrated health (ih) practicum** |  | 1. **What particularly interests you about the IH Practicum? What are your goals for the practicum?**

Click here to enter text.1. **Please provide information about any training in mindfulness or any mindfulness practice that you are engaged in.**

Click here to enter text.1. **Please provide information about any previous experience working in a medical setting or collaborating with medical or nursing providers.**

Click here to enter text. |
| **questions related to the care practicum** |  | 1. **What particularly interests you about the CARE Practicum? What are your goals for the practicum?**

Click here to enter text.1. **Please provide information about your training and education in providing professional services in a higher education setting.**

Click here to enter text.1. **What level of support do you feel you need from your supervisor?**

Click here to enter text. |
| **References** |  | **REFERENCE NAME:**  Click here to enter text.Title: Click here to enter text.Organization: Click here to enter text.Email: Click here to enter text.**REFERENCE NAME:**  Click here to enter text.Title: Click here to enter text.Organization: Click here to enter text.Email: Click here to enter text. |

**Please return application electronically to** **joey.hannah@austin.utexas.edu**